



**FIVE RHYTHMS  
CONSULTING**

**CLIENT INTAKE FORM**

DATE: \_\_\_\_\_

NAME: \_\_\_\_\_ EMAIL: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

BIRTH DATE: \_\_\_\_\_

OCCUPATION: \_\_\_\_\_

REFERRED BY: \_\_\_\_\_

**CONTACT INFORMATION**

Are confidential messages OK? Yes \_\_\_ No \_\_\_  
(Please indicate if confidential messages should not be left at any of these)

HOME PHONE: \_\_\_\_\_ WORK PHONE: \_\_\_\_\_

CELL PHONE: \_\_\_\_\_ e-ADDRESS: \_\_\_\_\_

Receive our bi-monthly e-Newsletter with tips, research updates and class information?  
Yes \_\_\_ No \_\_\_

**EMERGENCY CONTACT**

NAME: \_\_\_\_\_

PHONE(S): \_\_\_\_\_

RELATIONSHIP: \_\_\_\_\_

PLEASE LIST THE NAME and specialties of other health care professionals you are currently seeing, as well as the name of your primary physician and approximate date of your last physical exam:

**PLEASE READ CAREFULLY**

I understand that the Energy Medicine and/or Energy Psychology sessions I receive are provided for the basic purpose of harmonizing my body's energies. If I experience any pain or discomfort during a session, I will immediately inform my practitioner.

I further understand that Energy Medicine and/or Energy Psychology should not be construed as a substitute for needed medical attention. Energy Medicine and/or Energy Psychology practitioners do not diagnose, treat, or prescribe for medical conditions. Energy Medicine and/or Energy Psychology bring about physical improvements by impacting the electromagnetic fields that regulate the body as well as by shifting the more subtle energies described in other cultures with terms such as chakras, meridians and etheric fields.

Signature: \_\_\_\_\_

Name: \_\_\_\_\_

Date: \_\_\_\_\_

On behalf \_\_\_\_\_ (minor's first and last name)

What do you hope to gain from your Energy Medicine and/or Energy Psychology sessions?

Describe problems you wish to address. Include how long you have had them, any medical or psychological diagnosis for them, treatments you have tried, and their effectiveness:

Do you have a Pacemaker? \_\_\_\_\_

Do you have Metal Plates or Screws in your body? \_\_\_\_\_

Do you have Diabetes? \_\_\_\_\_

Are you pregnant? \_\_\_\_\_

**FAMILY MEDICAL HISTORY** (please circle)

Diabetes    Cancer    High Blood Pressure    Heart Disease    Stroke    Seizures

Asthma    Allergies    Mental Illness    Other Significant Illnesses (please list):

**YOUR MEDICAL HISTORY** (please circle)

Diabetes    Cancer    High Blood Pressure    Heart Disease    Stroke  
Asthma    Allergies    Mental Illness    Seizures

Other Significant Illnesses (please list here):

| <b>Surgeries</b> | <b>Dates</b> |
|------------------|--------------|
|                  |              |
|                  |              |
|                  |              |
|                  |              |
|                  |              |
|                  |              |
|                  |              |
|                  |              |
|                  |              |

Describe any major accidents or traumatic events and approximate dates:

ALLERGIES (drugs, chemicals, foods, airborne allergies, etc.)

**CURRENT MEDICATIONS**

| Name | Purpose | How often and for how long? | Any adverse reactions? |
|------|---------|-----------------------------|------------------------|
|      |         |                             |                        |
|      |         |                             |                        |
|      |         |                             |                        |
|      |         |                             |                        |
|      |         |                             |                        |
|      |         |                             |                        |
|      |         |                             |                        |
|      |         |                             |                        |

**CURRENT NUTRITIONAL AND HERBAL SUPPLEMENTS (use back if necessary)**

| Name                                | Purpose | How often and for how long | Any adverse reactions? |
|-------------------------------------|---------|----------------------------|------------------------|
|                                     |         |                            |                        |
|                                     |         |                            |                        |
|                                     |         |                            |                        |
|                                     |         |                            |                        |
|                                     |         |                            |                        |
|                                     |         |                            |                        |
|                                     |         |                            |                        |
|                                     |         |                            |                        |
| <b>PLEASE CIRCLE</b>                |         |                            |                        |
| <b>Alcohol</b>                      |         |                            |                        |
| <b>Caffeine/Coffee</b>              |         |                            |                        |
| <b>Soda</b>                         |         |                            |                        |
| <b>Cigarettes/Tobacco</b>           |         |                            |                        |
| <b>Over-the-Counter Medications</b> |         |                            |                        |

All answers on this form are confidential. However; if substance-use appears to be *life threatening*, I am required by law to report it.

| <b>PLEASE CIRCLE THOSE THAT APPLY</b> | Last used | Amount used | Frequency Per day/ per week | Any adverse reaction |
|---------------------------------------|-----------|-------------|-----------------------------|----------------------|
| <b>Marijuana</b>                      |           |             |                             |                      |
| <b>Amphetamines</b>                   |           |             |                             |                      |
| <b>Cocaine</b>                        |           |             |                             |                      |
| <b>Other</b>                          |           |             |                             |                      |

What gives you joy?

How do you deal with stress?

How do you relax?

How do you take care of your body?

Are there any other issues you would like to discuss?

How did you hear about Five Rhythms Consulting?

May I thank them for referring you? Yes \_\_\_\_ No \_\_\_\_

What is their name? \_\_\_\_\_